



	SATURDAY	SUNDAY
11:30 am	Body Weight Blast <i>presented by Fettle Fitness</i> Ryan O'Reilly & Glen McCready	Body Weight Blast <i>presented by Fettle Fitness</i> Ryan O'Reilly & Glen McCready
12:00 pm	EB30x Blast <i>Featuring Eric Bassett</i> <i>Win a Sweet Sweat Waist Trimmer</i>	Zumba Aileen Padilla & Cheryl Wu Hall
12:30 pm	Ultimate Athlete Bootcamp <i>presented by Snacc Habit App</i> D'Juan Woods & Michael Myers	Yoga'ED Terry Shorter
1:00 pm	Influencer Challenge Hosted by Fit TV	Pro Trainer Workshop: Hosted by Brad Bose
1:30 pm	Pro Trainer Workshop Hosted by Fit TV	Bio Hacking: Achieving your desired physique from sports performance to anti-aging. Featuring Dr. Grazyna Pajunen, Matt Diaz, Dillon Salva, & Sydney "bombshell" Scott
2:00 pm	Fitness Fashion Show Featuring MoveStrong BioStacks Runway	Fitness Fashion Show Featuring Bax-U & Sweet Sweat by Sports Research
2:30 pm	Bikini Fashion Show Featuring <i>Angel Competition Bikini</i>	Style Attiks Gabrial Padilla and Team Jump Austen Jux-Chandler
3:30 pm	The Body Bell Method Phil Ross	The Body Bell Method Phil Ross
4:00 pm	AI Wellness EMS Breathwork Beth Shaw YogaFit Beth Shaw & Kim Gray	Eric the Trainer Memorial Push Up Contest Chef Rush